



Avalon at Buhl Park

FEBRUARY 2021

FITNESS CLASS SCHEDULE

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

FITNESS CENTERS

Avalon at Buhl Park Fitness Center

5 a.m. to 11 p.m.
7 Days / Week
(724) 704-8820

The Grand Resort
24 Hours a Day
(330) 856-1900

Member Services Department

(724) 704-8801
(330) 856-1900
(330) 539-5008

Please visit our website for class descriptions!
www.avalongcc.com

Classes are scheduled on a first-come first-serve basis.

For more information on making or cancelling a reservation, please see the Fitness Attendant for our Terms and Conditions.

Some classes may have substitute instructors

<p><u>Yoga with Deb</u> 9 a.m. to 10 a.m. Deborah H \$5/Class 8 spaces available</p>				<p><u>Yoga with Deb</u> 9 a.m. to 10 a.m. Deborah H \$5/Class 8 spaces available</p>	

To comply with CDC regulations, class styles and sizes have been reduced. Child care has also been temporarily suspended.

NO More Drop In Rates!

- Reservations are required by 8 p.m. the evening prior for 7 a.m. or earlier classes.
- All other classes require reservations two hours prior to the class start time. If a class does not have any reservations two hours prior to the start time, the class will be canceled.
- If the class is not canceled, members are welcome to drop in for no additional charge.

Call Member Services or the Fitness Desk to reserve your space today!